

2017 KEY FINDINGS REPORT

This report summarizes noteworthy findings regarding middle and high school student drug and alcohol use, risks associated with use, and drug and alcohol perceptions from the most recent Michigan Profile for Healthy Youth (MIPHY) survey.

MOST

- Youth make the right decision about drugs and alcohol.
- Youth are aware of parents' disapproval of teen drug and alcohol use.
- Youth do not approve of friends' drug and alcohol use.
- Youth understand the risks associated with drugs and alcohol.
- Youth value their school, teachers, and parents.
- Youth make healthy choices.

MOST

Students are **NOT**
Using Drugs & Alcohol

In the past 30 days,

- 95.7% of middle schoolers and 79.5% of high schoolers did NOT use alcohol
- 98.9% of middle schoolers and 88.5% of high schoolers did NOT have 5 or more drinks of alcohol within a couple of hours
- 98.0% of middle schoolers and 84.7% of high schoolers did NOT use marijuana
- 98.5% of middle schoolers and 95.3% of high schoolers did NOT use cigarettes
- 96.7% of middle schoolers and 92.3% of high schoolers did NOT misuse prescription drugs

Alcohol

Nearly, 8 out of 10 Oakland County high school students did **not** drink alcohol in the past 30 days.



Binge Drinking

Nearly, 9 out of 10 Oakland County high school students did **not** have 5 or more drinks of alcohol within a couple of hours in the past 30 days.



Marijuana

Nearly 8.5 out of 10 Oakland County high school students did **not** smoke marijuana in the past 30 days.



Cigarettes

More than 9.5 out of 10 Oakland County high school students did **not** smoke cigarettes in the past 30 days.



Prescription Drugs

More than 9 out of 10 Oakland County high school students did **not** misuse prescription drugs in the past 30 days.



Survey Background

Data was obtained from the 2015-2016 Oakland MiPHY, a student survey assessing 7th, 9th, and 11th graders substance use, violence, physical activity, sexual behavior and emotional health. The 2015-2016 PRIDE survey and the Youth Risk Behavior Survey (YRBS) was used as national benchmarks.

Youth Perceptions

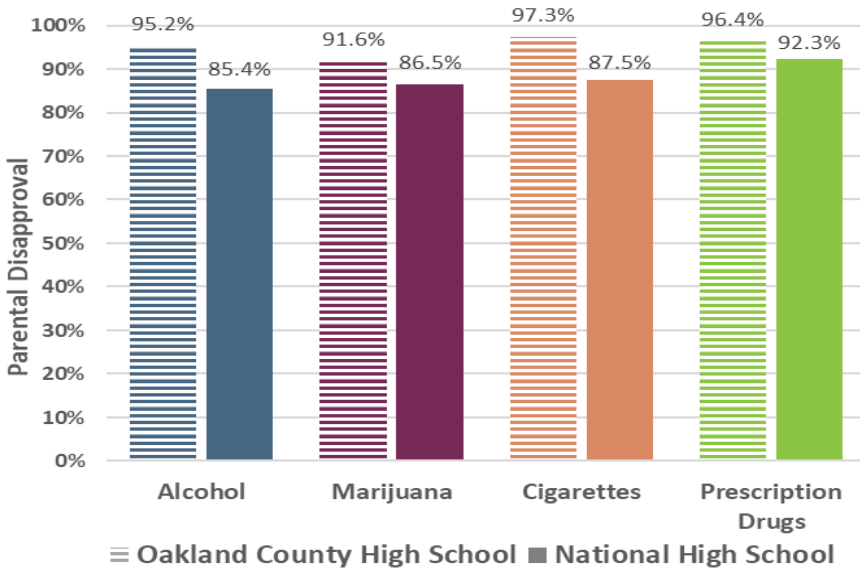
Oakland County youth were asked about their friends' and parents' perception of teen drug and alcohol use on a scale from not wrong, a little wrong, wrong, to very wrong. Disapproval is categorized as wrong and very wrong.

Higher perceptions of disapproval often result in lower use of substances, therefore, it is beneficial that Oakland County youth have higher disapproval than national benchmarks.

MOST

youth think parents and friends disapprove of drug & alcohol use

Perception of Parents' Disapproval

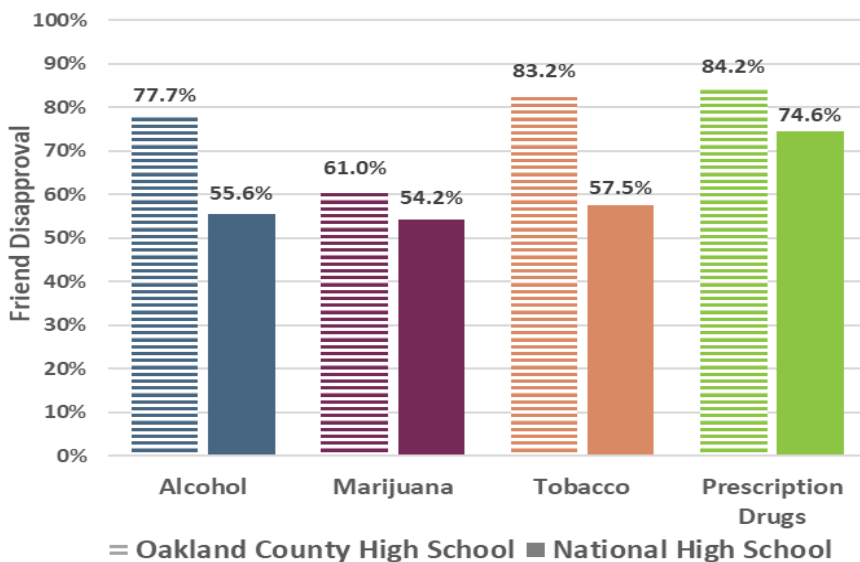


Oakland County high school youth perceptions of parents' and friends' disapproval are higher than national perceptions

Middle School Students

Parent and friend disapproval for 7th grade students was also higher than the national perceptions

Perception of Friends' Disapproval

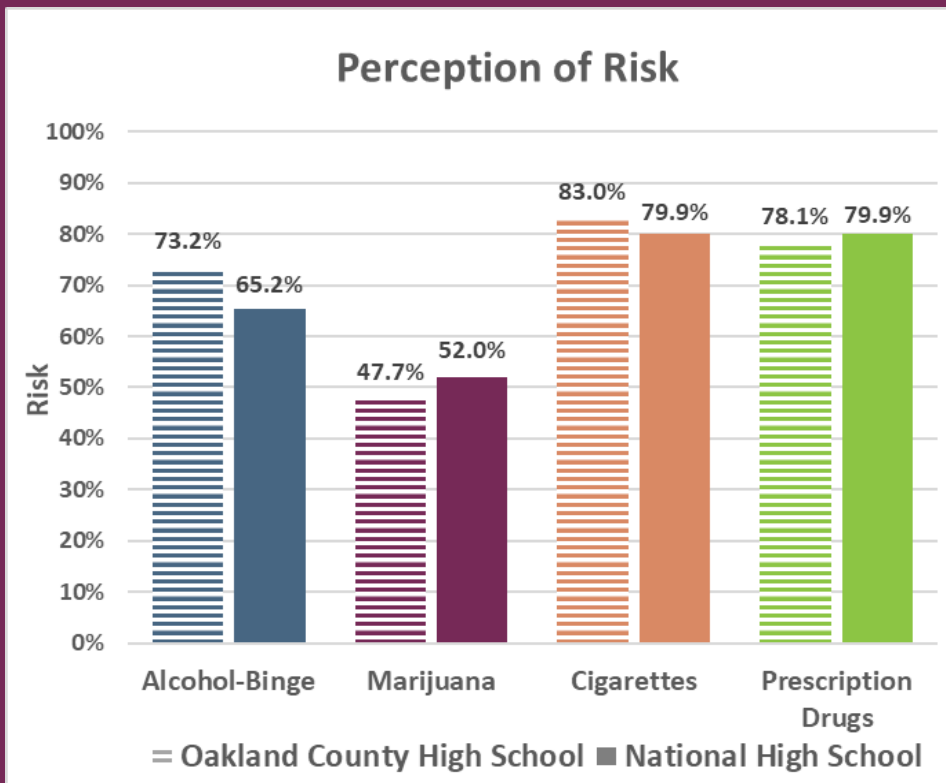


Oakland County 7th grade students perceived parental disapproved of alcohol, marijuana, cigarettes, and prescription drugs at 98.5% or higher, and friends disapproval at 93.5% or higher.

Perception of Risk

Oakland County youth were asked about their perception of drug and alcohol risk of harm on a scale from no risk, slight risk, moderate risk, to great risk.

Higher perceptions of risk often result in lower use of substances, therefore, it is ideal to have perceptions higher or comparable to national benchmarks.



Oakland County youth perceptions of risk are higher than national perceptions for alcohol and cigarettes

Oakland County youth perceptions of risk are lower than national perceptions for marijuana and prescription drugs

MOST

youth think the risk associated with alcohol, cigarette and prescription drug misuse is moderate to great risk

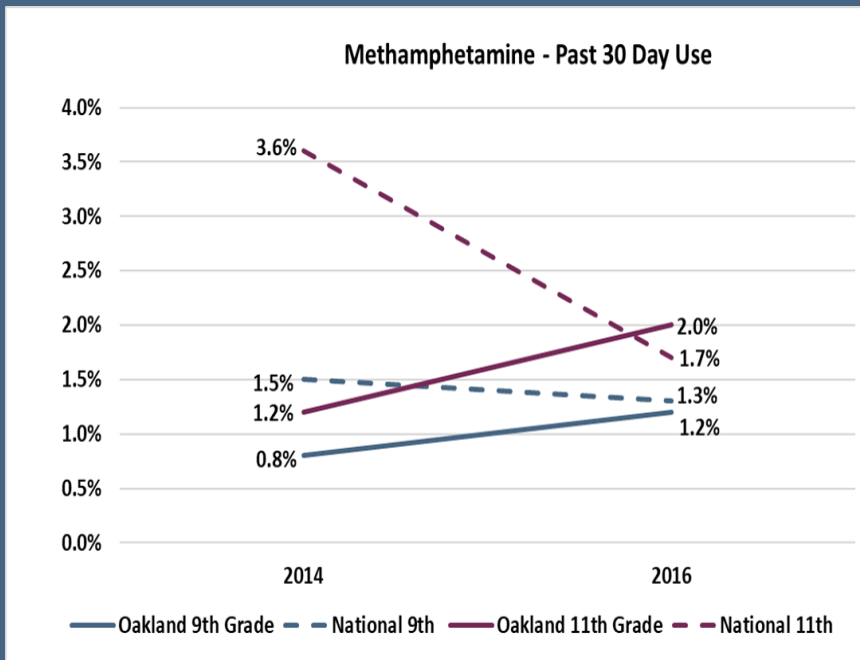
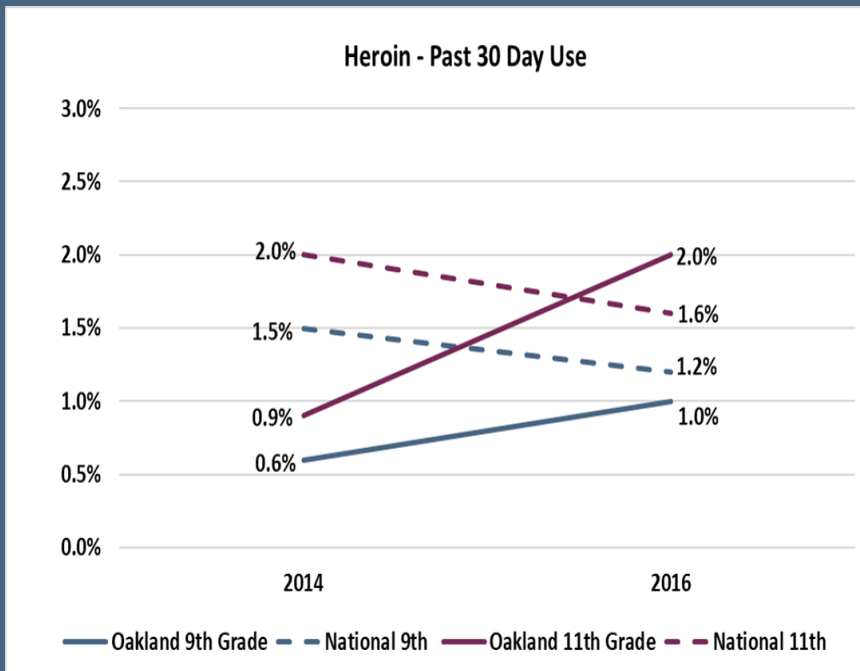
Opioid and Methamphetamine Use

The graphs below show heroin and methamphetamine use for Oakland County high school students from 2014 to 2016.

National comparisons, shown as dotted lines, are trending downwards as Oakland county, shown as solid lines, is trending upwards.

11th grade students were higher than the national comparison for both heroin and methamphetamine use in 2016.

While 9th grade students are still slightly below the national comparison for 2016, with upward trending lines, it may not be long until this



From 1999 to 2015, Oakland county suffered 19+ deaths due to opioid overdose for ages 12 to 18

Source: CDC Death Records

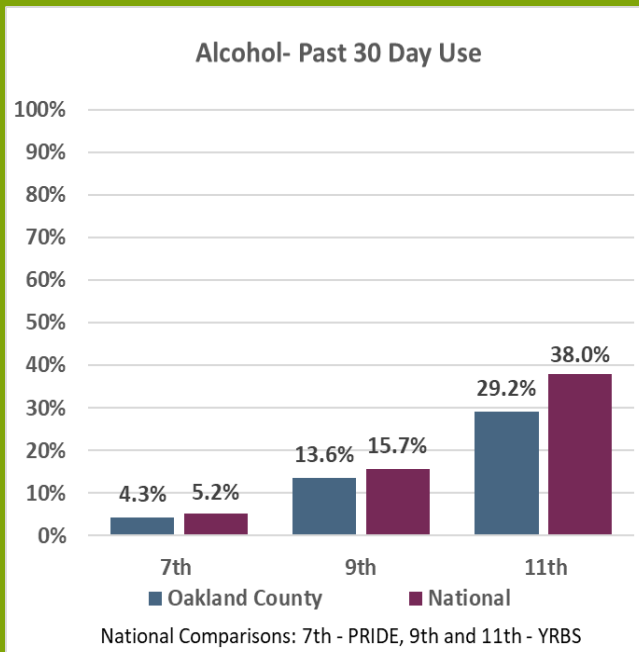
Non-Medical Use of pain relievers ages 12-17

Oakland: 5.10%
National: 4.89%

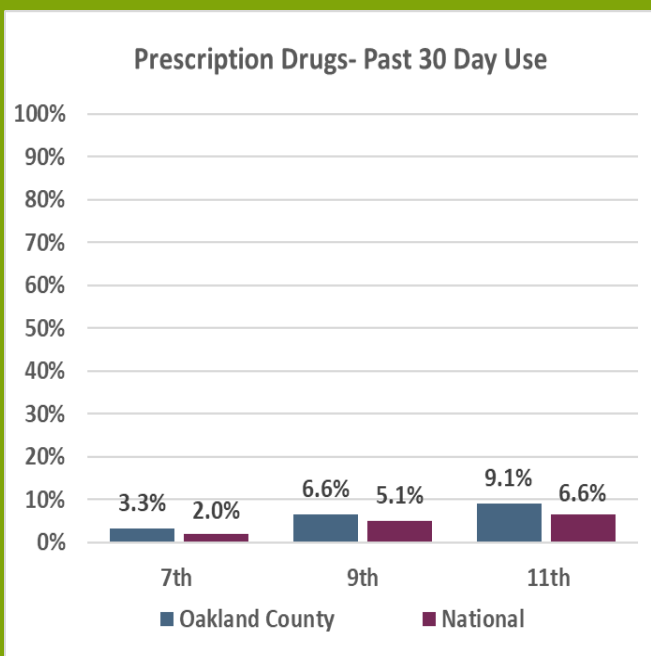
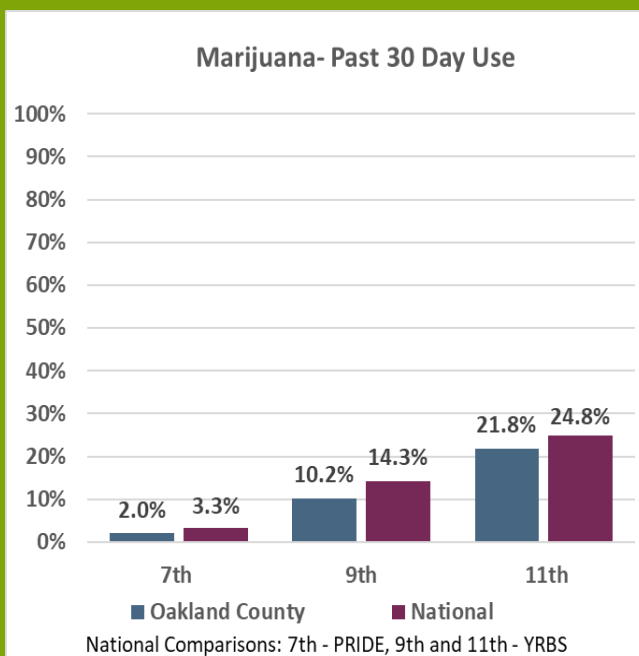
Source: NSDUH 2014

Past 30 Day Use

The graphs below depict past 30 day use of alcohol, marijuana and prescription drugs for 7th, 9th and 11th grade students compared to the national benchmark.



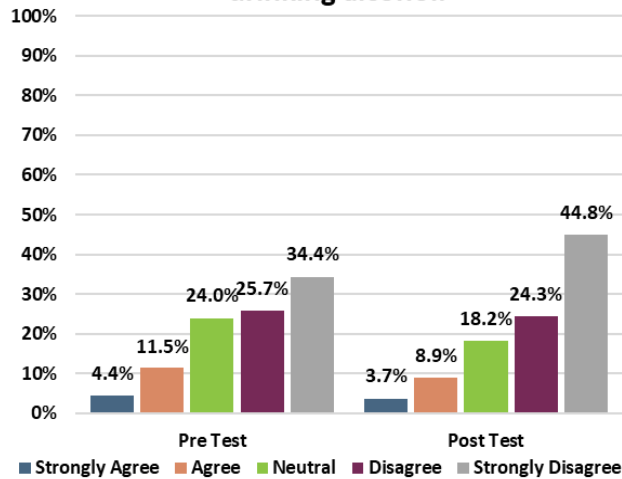
- Past 30 days use of alcohol and marijuana for Oakland county students is lower than the national comparison for 7th, 9th and 11th grade students.
- Prescription drug use is higher for 7th, 9th and 11th grade students than the national comparison.



Keep Them Safe, Keep Them Healthy!

Students were asked to give their opinions about drug and alcohol use both prior to and following their participation in the *Keep Them Safe, Keep Them Healthy* intervention.

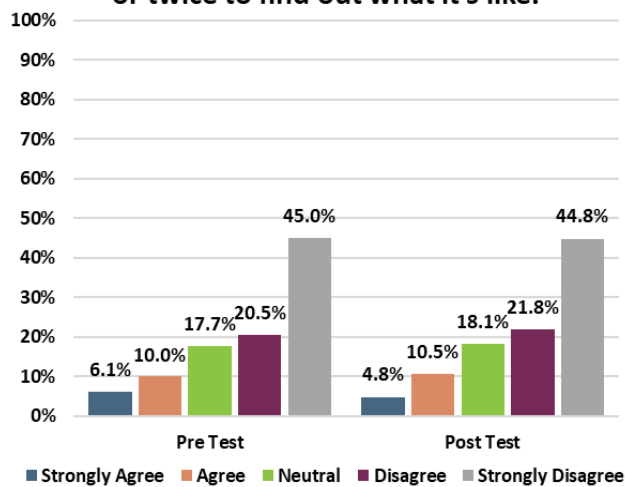
Nothing wrong with people under 21 drinking alcohol.



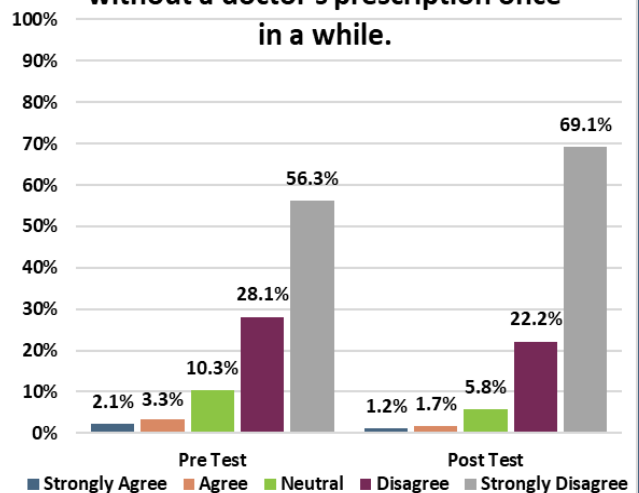
Students attending the *Keep Them Safe, Keep Them Healthy* program achieved impressive pre/post test results. A statistically significant difference in students level of agreement with harm of alcohol, marijuana and Rx drugs was achieved (p-value < .0001).

Students were more likely to disagree that there was no harm or nothing wrong with drug use in the post intervention survey than in the pre intervention survey.

No harm in smoking marijuana once or twice to find out what it's like.



No harm in using prescription drugs without a doctor's prescription once in a while.



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