



**ALLIANCE**  
OF COALITIONS  
for Healthy Communities

**2021 Oakland County**  
**KEY FINDINGS**  
**REPORT**

## About These Key Findings

The following information was provided by a survey in which the data was obtained from the 2020-2021 Oakland County MiPHY. This is a student survey assessing 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> graders' substance use, violence, physical activity, sexual behavior and emotional health. The 2018-2019 PRIDE national survey was one national benchmark used. In some cases, the 2020 Youth Risk Behavior Survey (YRBS) was used as a national comparison and will be noted throughout the document.

## About the Alliance

Through substance abuse prevention, mental and physical wellness, and recovery support programs, the Alliance connects, strengthens, and mobilizes strategic partners to promote healthier communities.

The Alliance is the largest prevention organization in Oakland County, consisting of 22 prevention coalitions and 5 support and recovery regions. This network mobilizes a diverse group of persons and organizations from all community sectors to take coordinated action in building healthier communities.



# TEEN MENTAL HEALTH

In the spring of 2021, Oakland County 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> grade students participated in a survey asking about their mental health, COVID-19, and drugs and alcohol. Over 5,000 students participated. This report looks at the mental health findings from the survey.

# 34%

of Oakland County teens reported their **MENTAL HEALTH WAS NOT GOOD MOST OR ALL OF THE TIME** during the COVID-19 Pandemic.

# 1 out of 3

Oakland County teens reported they **felt nervous, anxious or scared most or all of the time** in the past 30 days.



# 40%

Oakland County teens stated they **felt more irritated or easily annoyed than usual** most of the time or all of the time in the past 30 days.



# 2 out of 3

Oakland County teens agreed their **schoolwork was more difficult** during the COVID-19 pandemic than before it started.\*

\*Reported at the end of 2020-2021 school year



# 21%

of Oakland County teens reported **they would go to no one or did not know who they would go to** if they found themselves needing help related to **stress, anxiety, or depression**.



# 17%

Oakland County teens reported that they **seriously considered attempting suicide** in the past 12 months.



# ALCOHOL RISK & PROTECTIVE FACTORS

In the spring of 2021, Oakland County had over 5,000 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> grade students participate in a survey asking about their mental health, COVID-19, and drugs and alcohol. This report looks at the high school results for alcohol. Past 30 day alcohol use was the highest reported substance used by Oakland County 9<sup>th</sup> and 11<sup>th</sup> grade students at 8.9%.

**1** out of **4**

Oakland County high school students report they are **often or always** in the presence of others who drink alcohol.



**47%**

of Oakland County high school students reported it is **sort of easy or very easy** to get alcohol.

**1** out of **5**

## Perception of Risk

Nearly 1 out of 5 Oakland County high school students report there is slight to no risk in having five+ drinks of an alcohol beverage **once or twice a weekend.\***



**1** out of **4**

Oakland County high school student believe there is **slight to no risk in taking one or two drinks of alcohol nearly every day.**

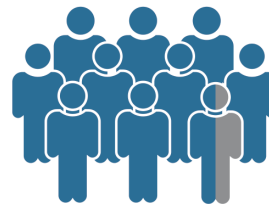
## Friend Disapproval

Nearly 7.5 out of 10 Oakland County high school students report their friends felt it would be **wrong or very wrong** for them drink alcohol.



## Parent Disapproval

Nearly 9.5 out of 10 Oakland County high school students report their parents felt them drinking alcohol to be **wrong or very wrong.**





# MARIJUANA KEY FINDINGS

In the spring of 2021, Oakland County had over 5,000 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> grade students participate in a survey asking about their mental health, COVID-19, and drugs and alcohol. This report looks at the high school results for Marijuana. Past 30-day marijuana was the 2<sup>nd</sup> highest reported substance used by Oakland County 9<sup>th</sup> and 11<sup>th</sup> grade students at 6.4%.

**62.4%**

report their friends felt it would be wrong or very wrong for them to smoke/use marijuana.

**88.4%**

report their friends felt it would be wrong or very wrong for them smoke/use marijuana.

**6.4%**

Used marijuana in the past 30 days.



**32.6%**

reported it is sort of easy or very easy to get marijuana.



**17.7%**

report they are often or always in the presence of others who use marijuana.

## Risk of Use Frequency

No risk/Slight risk

**44.0%**

Moderate/Great risk

**48.5%**

**7.5%** Can't say, drug unfamiliar

# VAPE KEY FINDINGS

## Electronic Vapor Products

In the spring of 2021, Oakland County had over 5,000 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> grade students participate in a survey asking about their mental health, COVID-19, and drugs and alcohol. This report looks at the high school results for electronic vapor products. Past 30-day electronic vapor products were the 3<sup>rd</sup> highest reported substance used by Oakland County 9<sup>th</sup> and 11<sup>th</sup> grade students at 6.1%.

37.6%

reported it is sort of easy or very easy to get nicotine to vape.



4.7%

Used e-liquid with THC (marijuana) products in the past 30 days.

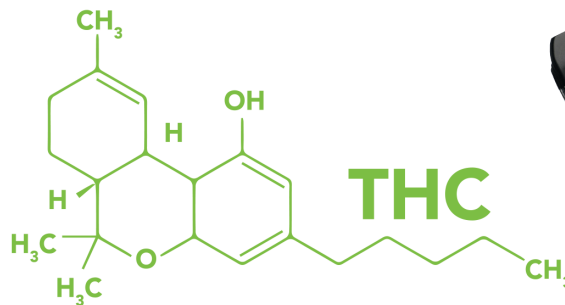
30.7%

reported it is sort of easy or very easy to get THC (marijuana) to vape.



6.1%

Used electronic vapor products in the past 30 days.



76%

believe that vaping an **e-liquid with nicotine** regularly is a moderate/great risk.



67%

believe that vaping an **e-liquid with THC (marijuana)** regularly is a moderate/great risk.

# PRESCRIPTION DRUGS KEY FINDINGS

In the spring of 2021, Oakland County had over 5,000 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> grade students participate in a survey asking about their mental health, COVID-19, and drugs and alcohol. This report looks at the high school results for prescription drugs. Past 30-day prescription drugs use was the least commonly reported substance used by Oakland County 9<sup>th</sup> and 11<sup>th</sup> grade students at 2.0%, after smoking cigarettes.

84%



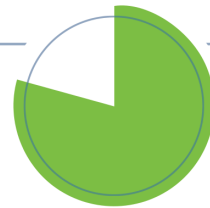
report their **friends felt it would be wrong** or very wrong for them to use prescription drugs not prescribed to them.

2%

used prescription drugs not prescribed to them in the past 30 days.



79.3%



believe that using **prescription drugs not prescribed** to them is a moderate/great risk.

96.4%

report their **parents felt it would be wrong** or very wrong for them to use prescription drugs not prescribed to them.

30.4%

reported it is sort of easy or very easy to get prescription drugs not prescribed to them.





 Alliance of Coalitions for Healthy Communities

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