



## 2020 OAKLAND COUNTY KEY FINDINGS REPORT

This report summarizes noteworthy findings regarding middle and high school student drug and alcohol use, risks associated with use, and drug and alcohol perceptions from the most recent Michigan Profile for Healthy Youth (MIPHY) survey.

**MOST  
YOUTH**

- Make the right decisions about drugs and alcohol.
- Are aware of parents' disapproval of teen drug and alcohol use.
- Do not approve of friends' alcohol use.
- Understand the risks associated with drugs and alcohol.
- Value their school, teachers, and parents.
- Make healthy choices.

### MOST

Middle and High School Students are **NOT** Using Drugs & Alcohol

In the past 30 days,

- 98.9% of middle schoolers and 84.3% of high schoolers did **NOT** use alcohol
- 99.4% of middle schoolers and 90.2% of high schoolers did **NOT** have 5 or more drinks of alcohol within a couple of hours
- 99.1% of middle schoolers and 85.9% of high schoolers did **NOT** use marijuana
- 99.7% of middle schoolers and 99.0% of high schoolers did **NOT** use cigarettes
- 95.9% of middle schoolers and 94.7% of high schoolers did **NOT** misuse prescription drugs
- 97.0% of middle schoolers and 81.8% of high schoolers did **NOT** use vaping products

### High School Students

#### Alcohol

Nearly 8.5 out of 10 Oakland County high school students did **not** drink alcohol in the past 30 days.



#### Binge Drinking

More than 9 out of 10 Oakland County high school students did **not** have 5 or more drinks of alcohol within a couple of hours in the past 30 days.



#### Marijuana

More than 8.5 out of 10 Oakland County high school students did **not** smoke marijuana in the past 30 days.



#### Cigarettes

Nearly 10 out of 10 Oakland County high school students did **not** smoke cigarettes in the past 30 days.



#### Prescription Drugs

Nearly 9.5 out of 10 Oakland County high school students did **not** misuse prescription drugs in the past 30 days.



#### Vaping

Over 8 out of 10 Oakland County high school students did **not** use Vaping Products in the past 30 days.



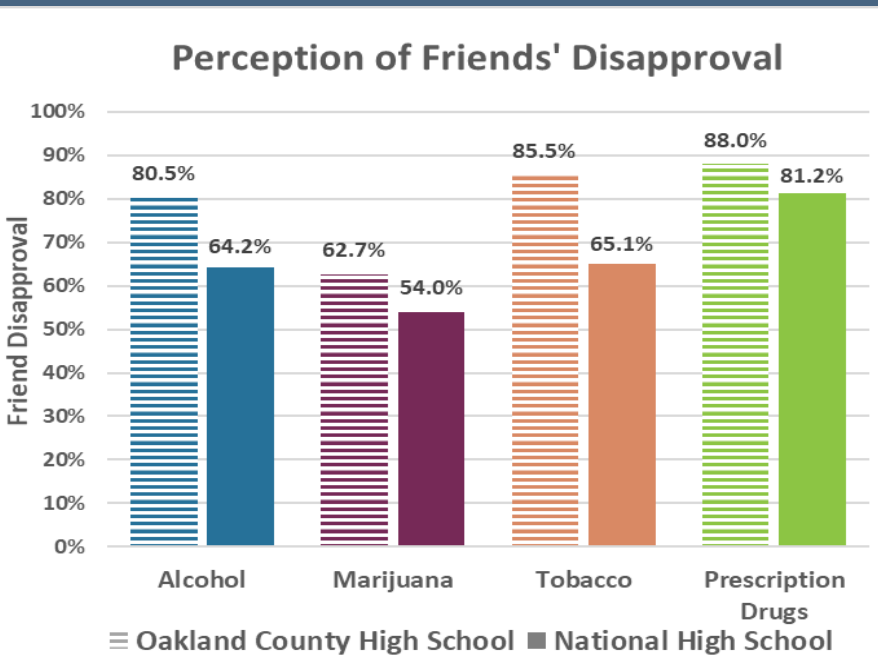
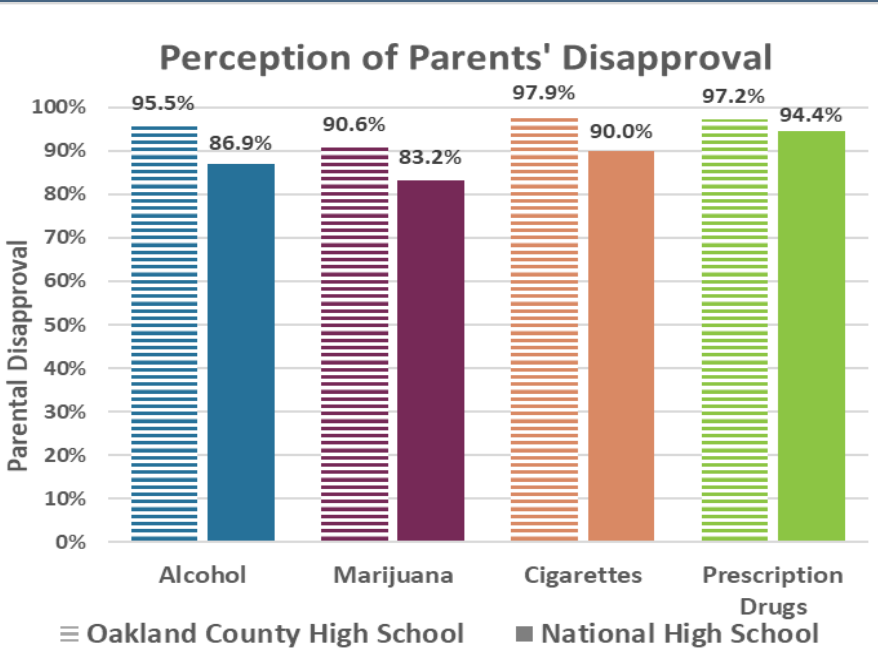
#### Survey Background

Data was obtained from the 2019-2020 Oakland County MiPHY, a student survey assessing 7th, 9th, and 11th graders' substance use, violence, physical activity, sexual behavior and emotional health. The 2018-2019 PRIDE national survey was one national benchmark used. In some cases, the 2019 Youth Risk Behavior Survey (YRBS) was used as a national comparison and will be noted throughout the document.

# Youth Perceptions

Oakland County youth were asked about their friends' and parents' perception of teen drug and alcohol use on a scale from not wrong, a little wrong, wrong, to very wrong. Disapproval is categorized as wrong and very wrong.

Higher perceptions of disapproval often result in lower use of substances, therefore, it is beneficial that Oakland County youth have higher disapproval than national benchmarks.



## MOST YOUTH

Think parents and friends disapprove of drug & alcohol use

Oakland County high school youth perceptions of parents' and friends' disapproval are higher than national perceptions

## Middle School Students

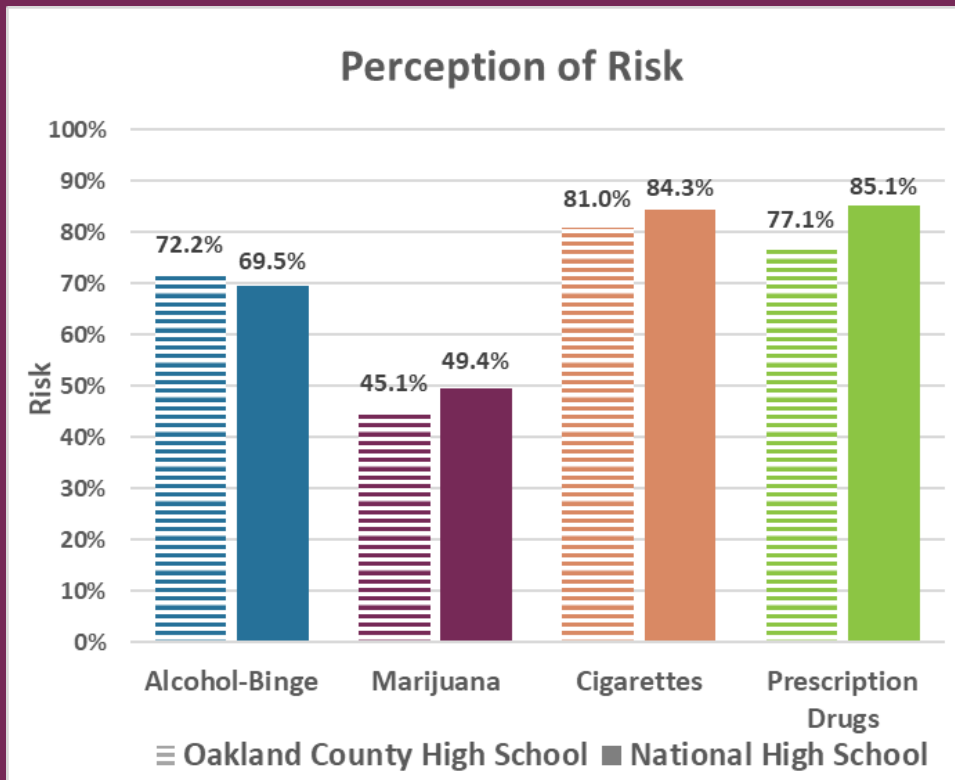
Parent and friend disapproval for 7th grade students was also higher than the national perceptions

Oakland County 7th grade students perceived parents' disapproval of alcohol, marijuana, cigarettes, and prescription drugs at 97.5% or higher, and friends' disapproval at 93.7% or higher.

# Perception of Risk

Oakland County youth were asked about their perception of drug and alcohol risk of harm on a scale from no risk, slight risk, moderate risk, to great risk. Risk is categorized as moderate risk and great risk.

Higher perceptions of risk often result in lower use of substances, therefore, it is ideal to have perceptions higher or comparable to national benchmarks.



Oakland County youth perceptions of risk are higher than national perceptions for alcohol.

Oakland County youth perceptions of risk are lower than national perceptions for marijuana, cigarettes, and prescription drugs.

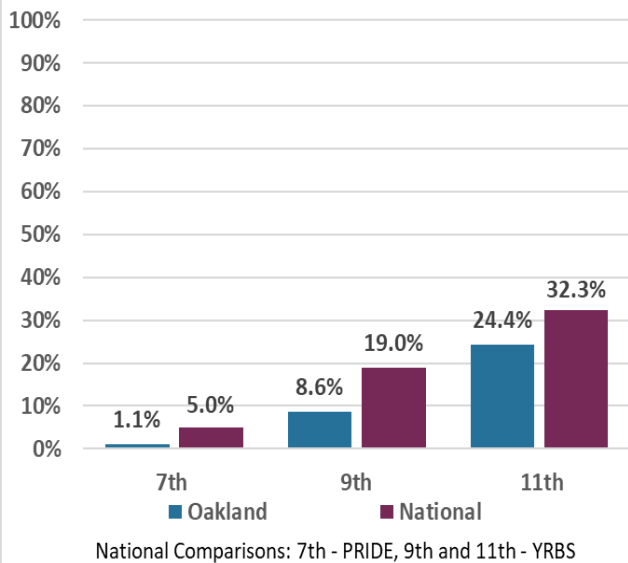
## MOST YOUTH

Think the risk associated with alcohol, cigarettes, and prescription drug misuse is of moderate to great risk.

# Past 30 Day Use

The graphs below depict past 30 day use of alcohol, marijuana and prescription drugs for 7th, 9th and 11th grade students compared to the national benchmark.

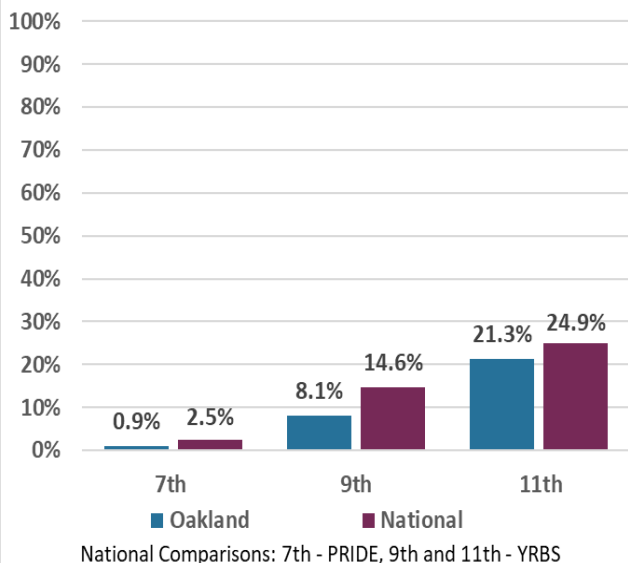
Alcohol- Past 30 Day Use



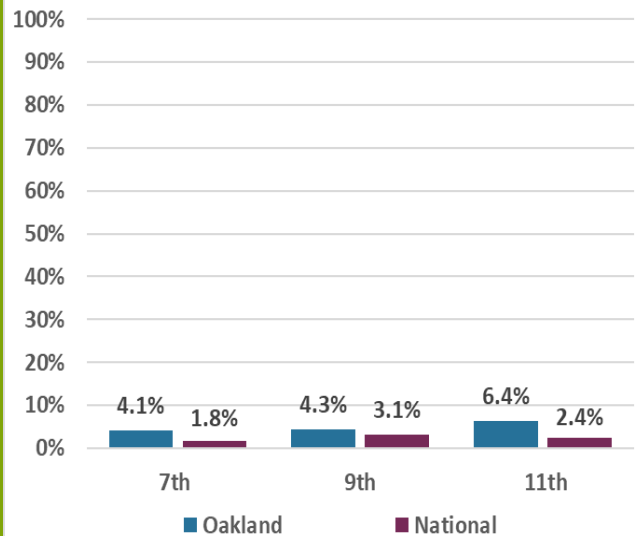
## 7th, 9th, and 11th Grade Students

- Past 30 day use of alcohol is lower for Oakland County students than the national comparisons.
- Past 30 day use of marijuana is lower for Oakland County students than the national comparisons.
- Past 30 day prescription drug use is higher for Oakland County students than the national comparisons.

Marijuana- Past 30 Day Use

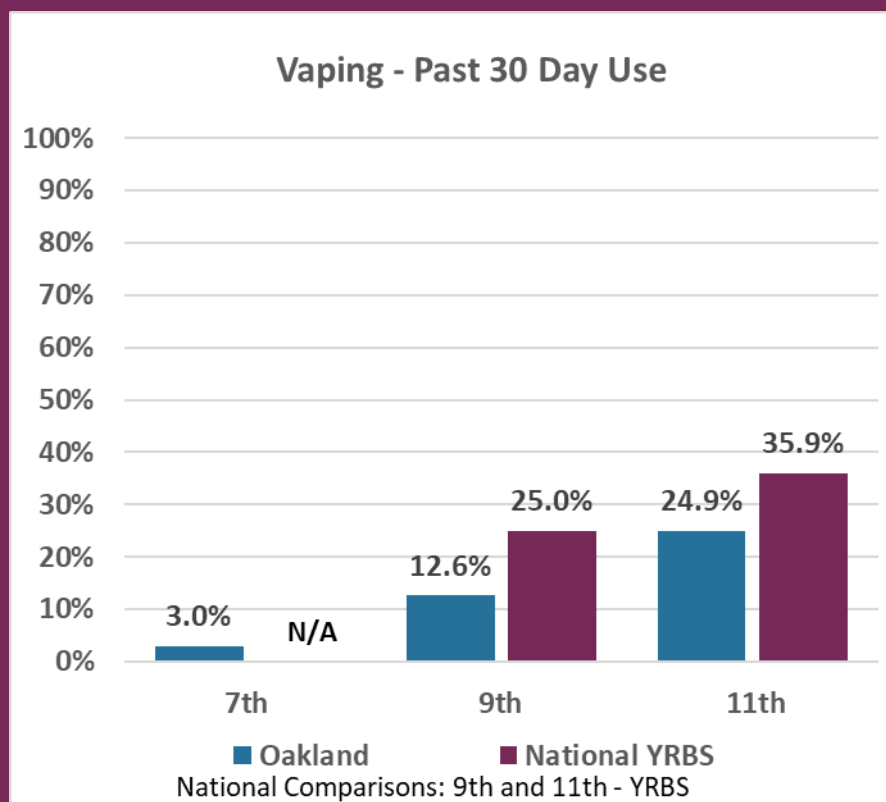


Prescription Drugs- Past 30 Day Use



# Past 30 Day Use - Vaping

Oakland County youth were asked if they had used an electronic vaping product in the past 30 days.



## High School Students

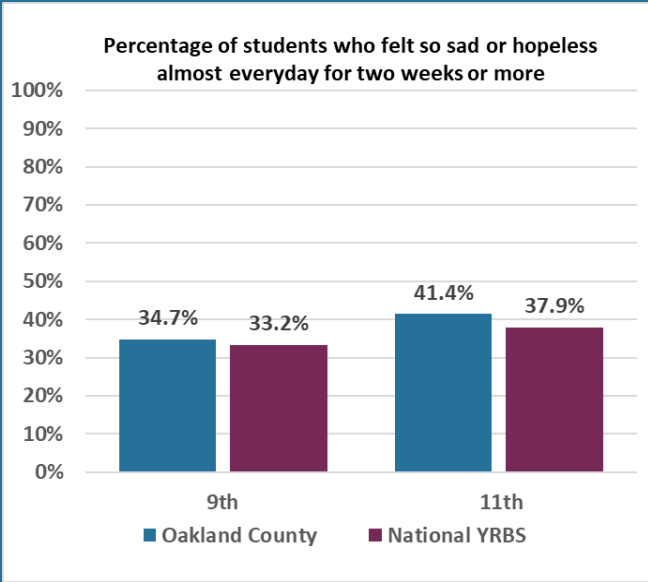
Oakland County has a lower percentage of 9th and 11th grade students who used vaping products in the past 30 days, compared to the national benchmark.

## 7th Grade Students

3.0% of 7th grade Oakland County students used electronic vaping products in the past 30 days. There is no national benchmark at this time.

# Youth Mental Health

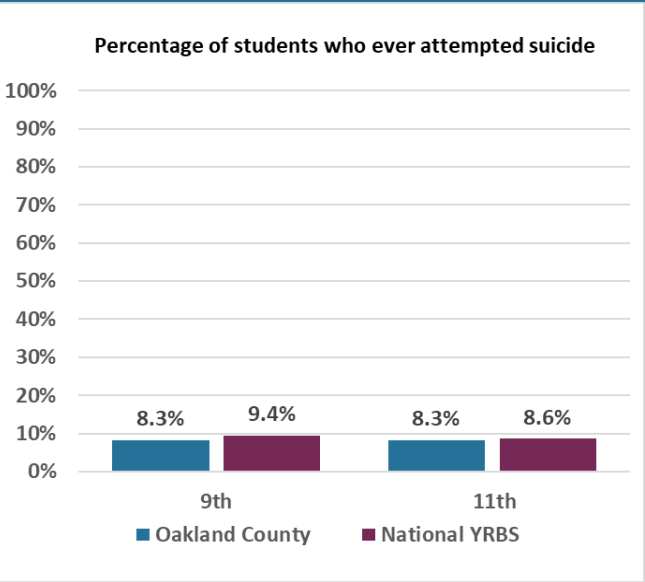
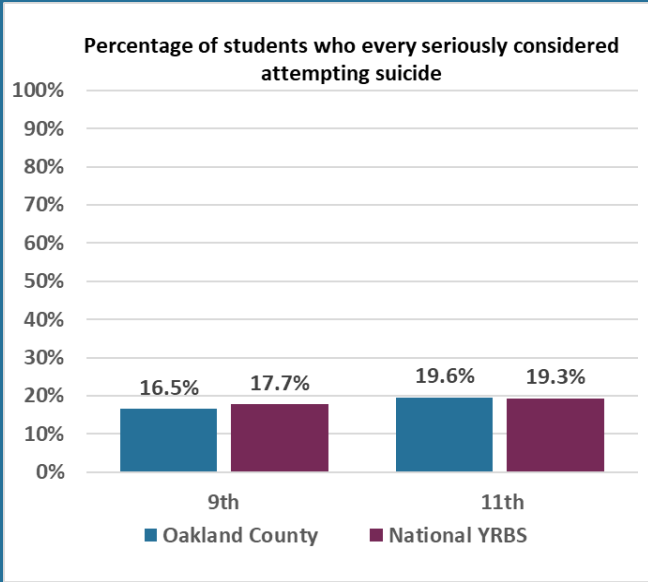
Students were asked about their mental health and suicide. Higher levels of depression, anxiety, other mental illnesses are strongly related to thoughts and attempts of suicide. Addressing mental health issues is essential for reducing suicide amongst students.



**Oakland County high school students are higher than the national average for:**

1. Feeling sad or hopeless,
2. Seriously considering or attempting suicide (11th grade).

Oakland County teachers, administrators, counselors and parents need resources that make them aware of the signs and symptoms of depression, suicidal ideation and behaviors, as well as contact information for professionals who can help. Oakland would also benefit from a mental health awareness and anti-stigma campaign.



## Contact Us

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